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Citizenship: USA

Denmark

Languages: English (native speaker), Danish (proficient), Russian (intermediate), Spanish (intermediate), French (intermediate)

Academic appointments: Adjunct Assistant Professor

Department of Psychiatry and Behavioral Sciences

Emory University School of Medicine; Atlanta, GA

Licensure/Boards: Diplomate, American Board of Psychiatry and Neurology (Certified 2014)

Physician, State of Georgia

License number 63673

Education: Stanford University School of Medicine; Stanford, CA

MD, Doctor of Medicine

Degree granted June 2008

London School of Hygiene and Tropical Medicine

London, United Kingdom

MSc, Control of Infectious Diseases

Degree granted September 2002

University of Texas at Austin; Austin, TX

Bachelor of Arts, With Highest Honors

Plan II Honors Program

Degree granted May 2001

Postgraduate training: Program of Study in the Theory of Psychoanalysis

Emory University Psychoanalytic Institute; Atlanta, GA

2014 – 2019

Co-Chief Resident in Psychiatry

Grady Memorial Hospital; Atlanta, GA

July 2011 – June 2012

Adult Psychiatry Residency Program

Emory University School of Medicine; Atlanta, GA

July 2008 – August 2012

Employment: Private Practice in Adult Psychiatry and Psychotherapy

Atlanta and Decatur, GA

May 13, 2015 – present

Outpatient psychiatrist

DeKalb Community Service Board; Decatur, GA

May 4, 2015 – March 7, 2016

Assistant Professor, Clinical Track

Women’s Mental Health Program

Department of Psychiatry and Behavioral Sciences

Emory University School of Medicine; Atlanta, GA

September 1, 2012 – May 1, 2015

Honors and awards:

* Distinguished Fellow of the American Psychiatric Association (2023)
* Finalist, Dlin-Fischer Award, Academy of Psychosomatic Medicine (2012)
* Fellow, American Psychoanalytic Association (2011-2012)
* Outstanding Resident Award, National Institute of Mental Health. One of eight psychiatry residents recognized nationally for their potential in the field of psychiatry. (2010)
* Duke University Global Health Fellow (2005)
* French-American Foundation for Medical Research and Education scholarship (2005)
* Inducted into Phi Beta Kappa (2001)
* University of Texas Undergraduate Research Fellowships (awarded three times in 1999, 2000, and 2001)
* National Security Education Program David L. Boren Undergraduate Award (federally funded scholarship, awarded for language and cultural studies in Russia, 1999)

Board and committee memberships:

* Adjunct Faculty Workgroup, Emory University Department of Psychiatry and Behavioral Sciences (2022-present)
* Professional Advisory Board, Skyland Trail, Atlanta, GA (2016-2018)
* Board of Advisors, American Foundation for Suicide Prevention, Metro Atlanta Chapter (2014-2015)
* Outpatient Psychotherapy Training Program Working Group, Emory University Department of Psychiatry and Behavioral Sciences (2013)
* President, Psychiatry Residents, Emory University Department of Psychiatry and Behavioral Sciences (2010-2011)
* PGY-1 and PGY-2 Class Representative, Emory University Department of Psychiatry and Behavioral Sciences (2008-2010). Worked together with faculty and residents to create a new call schedule for psychiatry residents working at Grady Memorial Hospital.
* American Medical Students Association, Psychiatry Interest Group National Coodinator (2005-2006)
* American Medical Students Association, Global Health Action Committee (2004-2005). Organized a national global health activism and leadership institute in Washington DC for medical students that included training seminars with the World Bank and non-governmental organizations.
* Organization for International Health, Stanford University Medical School, co-founder (2002-2008). Part of a working group that developed a student-led initiative for a “Scholarly Concentration” curriculum in global health for the medical school.

Professional organizations:

* Member, American Psychoanalytic Association (2020 – present)
* Psychotherapy affiliate member, Atlanta Psychoanalytic Society (2019 – present)
* Member, American Psychiatric Association (2008 – present)
* Member, Georgia Psychiatric Physicians Association (2008 – present)
* Candidate member, American Psychoanalytic Association (2014 – 2018)
* Candidate member, Atlanta Psychoanalytic Society (2014 – 2019)
* Affiliate member, Division 39, American Psychological Association (2016 – 2017)

Manuscript reviewer:

* BMC Psychiatry (2013)
* New England Journal of Medicine (2012)
* Bipolar Disorders (2012)

Formal teaching (Didactics):

* Psychiatric residents
* Mental Health Evaluation of Asylum Seekers, PGY-4 lecture, Emory University Department of Psychiatry (2021, 2023)
* History of Psychiatry, Module director, PGY-1, -3, and -4 lectures, Emory University Department of Psychiatry (2021-present)
* Psychotherapy and Substance Use, OPTP lunchtime seminar, Emory University Department of Psychiatry (2018)
* Borderline Personality Disorder, PGY-4 lecture, Emory University Department of Psychiatry (2015)
* Borderline Personality Disorder, PGY-2 lecture, Emory University Department of Psychiatry (2013)
* Generalized Anxiety Disorder, PGY-3 lecture, Emory University Department of Psychiatry (2012, 2013)
* Perinatal Psychiatry, PGY-2 lectures, Emory University Department of Psychiatry (2014)
* Perinatal Psychiatry, PGY-4 lectures, Emory University Department of Psychiatry (2014)
* Treatment of Anxiety Disorders, PGY-1 lecture, Emory University Department of Psychiatry (2014)
* Global Mental Health, PGY-4 lecture, Emory University Department of Psychiatry (2012 – 2014)
* Project ECHO (Online teaching through the Carter Center for a program training mental health providers in Liberia)
* Perinatal Psychiatry (November 13, 2024)
* Psychotherapy Basics (scheduled for February 19, 2025)
* Psychoanalytic Institute
* History and Context of Psychoanalysis course, Emory University Psychoanalytic Institute. Designed and co-taught series of lectures on the history and historical context of psychoanalytic thought in the US and Europe (2018)
* Presented for several case conferences with local and national discussants (2014-2019)
* Medical students
* Perinatal Mental Health, MS2 lecture, Neuroscience II Course, Emory University School of Medicine (2012, 2013)
* Post-Traumatic Stress Disorder, IBS-506: Mechanisms of Neurologic Disease, Emory University School of Medicine (2009, 2010)
* Teaching assistant, Practice of Medicine, Clinical Reasoning and Psychiatry, Stanford University School of Medicine (2007-2008)
* Teaching assistant, Psyc 204: Introduction to Clinical Psychiatry, Stanford University School of Medicine (2005)
* Teaching assistant, Med 242: Health and Human Rights, Stanford University School of Medicine (2004)
* Public health students
* Mental and Physical Consequences of Torture, Health and Human Rights Course, Rollins School of Public Health, Emory University (2010, 2011, 2012, 2013, 2014)
* Nursing students
* Perinatal Mood Disorders, Emory University School of Nursing (Summer and Fall semesters 2013)

Supervisory teaching:

* Outpatient Psychotherapy Training Program, PGY-3 and PGY-4 psychotherapy supervisor, Emory University Department of Psychiatry (2012-2019)
* Attending Psychiatrist, Women’s Mental Health Program, Senior Resident Elective in Perinatal Psychiatry and Psychotherapy, Emory University Department of Psychiatry (2013 – 2015)
* PGY-4 Case Conference participant, Emory University Department of Psychiatry (June 2013)
* PGY-1 Case Conference discussant, Grady Memorial Hospital (Spring 2012, Fall 2013)

Professional experience and activities:

* Ongoing participation in a “Thinking Healthy” program for treatment of depressed mothers and their infants in rural Rajasthan, India. Organization: Mata Jai Kaur, 35BB, Rajasthan, India (2023-present)
* Expert Witness testimony for asylum seekers. Court testimony given in October 2019 and March 2023.
* Leadership in Mental Health course, Sangath, Goa, India. Global mental health leadership training course (virtual, February 2022 and in-person, January 2023)
* Public Voices Fellowship, Center for Women, Emory University. Fellowship in writing for major media outlets (2013-2015)
* Short course in Dynamic Interpersonal Therapy, Anna Freud Centre, London, United Kingdom. Instructors: Alessandra Lemma, PhD; Mary Target, PhD; Peter Fonagy, PhD (December 2012)
* Electroconvulsive Therapy Mini-Fellowship, Emory University School of Medicine and Wesley Woods Hospital (July 2012)
* Contract psychiatrist (moonlighter), Anchor Hospital, Atlanta, GA (March 2011-August 2012)
* American Academy of Addiction Psychiatry, Buprenorphine “Half and Half” Course (August 2011)
* Invited participant, “Brain Camp,” National Institute of Mental Health, Cold Spring Harbor Laboratory, NY (2011)
* Director, Atlanta Asylum Network, Emory-based organization providing pro bono and reduced fee medical and psychological evaluations to asylum seekers (July 2008-October 2011)
* International Medical Clinic, Grady Memorial Hospital, Atlanta, GA. Volunteer psychiatrist for Bhutanese refugees (2010-2011)
* The Carter Center, Mental Health Program, Atlanta, GA. Worked on project partnering with the Ministry of Health in Liberia to provide mental health services in a post-conflict setting (November 2009-February 2010)
* Voluntary elective coursework at Stanford, including courses in Mindfulness-Based Meditation; Traditional Chinese Medicine and Acupuncture; Theory and Practice of Iyengar Yoga; Narrative Medicine (2002-2008)
* Research project: Narrative history project for female Bosnian refugees, Eastern European Services Agency, San Jose, CA. Created narrative histories of life in Bosnia together with female refugees to share with their intergenerational families in the US, helping with the adjustment to life in the US and cognitive processing of trauma (2007-2008)
* Intern, Department of Gender, Women, and Health, World Health Organization, Geneva, Switzerland. Compiled research and assisted on reports related to intimate partner violence during pregnancy and HIV/AIDS transmission (summer 2005)
* Research project: Therapist adherence in dialectical behavior therapy (DBT) for binge eating disorder (BED), Stanford University Department of Psychiatry. Developed a tool for rating therapy sessions for use in a NIMH-funded trial on the use of DBT for binge eating disorder; also developed guidelines for a “control” therapy based on the “common factors” at work in all psychotherapies (summer 2004)
* Research project: Adolescent perceptions of mental illness and coping strategies in an ethnically diverse high school population, San Jose, CA. Interviewed and administered a survey-based study on perceptions of mental illness among youth from primarily Latino, Vietnamese, and Tongan backgrounds. Provided consultation to the high school on culturally sensitive provision of mental health services (2004-2005)
* Medical student rotation (Internal Medicine), Chris Hani Baragwanath Hospital, Soweto, Johannesburg, South Africa. Worked as a volunteer medical student in one of the world’s largest hospitals, an underserved medical facility serving Soweto, a township of Johannesburg (December 2003)
* Research project: Evaluating women’s economic dependence on sexual partners and HIV risk in kwaZulu-Natal, South Africa. Designed and administered a focus group and survey-based study addressing risky sexual behaviors, gender roles, and economic dependence among Zulu women at high risk for HIV infection (fall 2003)
* Intern, Research Institute of Tuberculosis, Tokyo, Japan. Compiled data and presented on public health approaches to tuberculosis transmission compared between Japan and Russia (summer 2000)
* Intern, Political and Economic Division, US Department of State, American Embassy, Copenhagen, Denmark. Researched and prepared report on trafficking of women for prostitution from the former USSR to Northern European countries (summer 1999)

Administrative:

* Organize Global Mental Health Journal Club for residents on the Global Mental Health Track at Emory University, Department of Psychiatry (July 2022-present)

Bibliography:

* Published articles
* Newport DJ, Hostetter AL, Juul SH, Porterfield SM, Knight BT, Stowe ZN. Prenatal psychostimulant and antidepressant exposure and risk of hypertensive disorders of pregnancy. J Clin Psychiatry. 2016;77(11):1538-1545.
* Juul SH, Hendrix C, Robinson B, Stowe ZN, Newport DJ, Brennan PA, Johnson KC. Maternal early life trauma and affective parenting style: The mediating role of HPA-axis function. Archives of Women’s Mental Health. 2016 Feb;19(1):17-23.
* Vahabzadeh A, Goldberg R, Wittenauer J, Posse PR, Juul S. Residents benefit from insights into the role and challenges of psychiatry departments. Acad Psychiatry. 2011 July-Aug;35(4):273.
* Vahabzadeh A, Juul S. New duty-hour rules present challenges. Psychiatric News 46(11): 23.
* Wanat S, Whisnant J, Reicherter D, Solvason B, Juul S, Penrose B, Koopman C. Coping with the challenges of living in an Indonesian residential institution. Health Policy. 2010 Jun;96(1):45-50.
* Juul SH. Heterotopic gastric mucosa as a pathologic lead point for ileo-colic intussusception (case report). H&P (Stanford Medical Student Clinical Journal), fall 2007.
* Popular media
* Sarah Juul, MD, MSc. “New Mothers Need More Than Medication.” Huffington Post Nov. 20, 2013.
* Book chapters
* Juul, Sarah H. and Charles B. Nemeroff. Psychiatric Epidemiology. Handb Clin Neurol. 2012;106:167-89.
* Posters
* Hostetter AL, Juul SH, Stagnaro E, Knight BT, Stowe ZN, Newport DJ. Psychotropic exposures and hypertensive disorders of pregnancy. Presented at the Academy of Psychosomatic Medicine’s annual meeting, Atlanta, GA (2012)
* Juul SH, Huang LC. Adolescent perceptions of mental illness and coping strategies in an ethnically diverse high school population, San Jose, California. Presented at the American Medical Students Association conference, Chicago, IL (2006)
* Theses
* Masters thesis: Access to HIV medication for uninsured individuals in Texas through the “ADAP” program (August 2002)
* Honors undergraduate thesis: Social factors in the transmission of tuberculosis in the Russian Federation. Named a “Top Ten” thesis at the University of Texas in 2001. (August 2001)

Presentations:

* Grand Rounds, Allegheny General Hospital (March 2022)

Title: “Mental Health Evaluations for Asylum Seekers”

* Skyland Trail, Professional Advisory Board CME meeting (November 2018)

Title: “Practical advice for psychiatrists treating pregnant and postpartum women: Lessons from the clinic”

* Grand Rounds, Emory University Department of Psychiatry (June 2014)

Title: “Psychotherapy in the peripartum”

* Invited speaker, Georgia Affiliate of the American College of Nurse-Midwives (March 2013)

Title: “Perinatal mood disorders”

* Chair, Clinical Conference for Residents, Psychology and Social Work Trainees, and Students, American Psychoanalytic Association’s winter meeting, New York, NY (January 19, 2013)

Title: “Putting our feelings to work: Countertransference and the trainee”

Discussant: Glen Gabbard, MD

* Oral presentation, American Psychoanalytic Association’s spring meeting, Chicago, IL (June 13, 2012)

Title: “Social determinants of violence against women in South Africa”

Discussant: Stuart Twemlow, MD

* Oral presentation, Immigration Conference, From Strawberries to Software: Immigration to Silicon Valley, San Jose State University, San Jose, CA (April 11, 2008)

Title: “Narrative history project for refugees from Bosnia-Herzegovina”

Community service:

* Safe Routes to School Committee, Parent-Teacher Association, Beacon Hill Middle School (Aug 2024 – present)